

COVID Symptoms

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose + 2 other symptom
- Nausea or vomiting
- Diarrhea

Any single symptom could be suggestive of COVID-19 EXCEPT runny nose. Runny nose alone is low risk for COVID-19.
Fever is not a required symptom.

Stay home OR Sent home
- Encourage physician visit (preferred over urgent care)

Symptomatic staff/student who tests positive

- 10 days from symptom onset
- AND 24 hr fever free without medication
- AND any respiratory symptoms have improved (ex: cough, congestion, runny nose)

Symptomatic staff/student not tested or tests negative*

*20-30% false negative rate so assumed positive with high community spread

- 10 days from symptom onset
- AND 24 hr fever free without medication
- AND any respiratory symptoms have improved (ex: cough, congestion, runny nose)

Symptomatic staff/student with alternate diagnosis from physician (ex: ear infection)

*Be aware that co-infection with COVID occurs

- 24 hr fever free without medication
- AND note from physician

COVID Close Contact: *Someone who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to specimen collection) until the time the patient is isolated.*



14 days of quarantine

*****A negative test does not shorten quarantine*****

*****You cannot test your way out of quarantine*****

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Stay home
OR
Sent home
-Encourage visit to
Primary Care
Physician or
Pediatrician
*preferred over
urgent care

Return to HELC Criteria:

Employee/child has tested positive:

- Fever free for 24 hrs without medication
- AND Any respiratory symptoms have improved (e.g cough, congestion, runny nose)
- AND It has been 10 days since the symptom first appeared or the swab for a positive test was taken

Employee/child had a symptom but tested negative:

- Fever free for 24 hrs without medication
- AND Any respiratory symptoms have improved
- AND It has been 10 days since the symptom first appeared

Employee/child had a symptom but had alternate diagnosis (ear infection, urinary tract infection) - Be aware that co-infection with COVID can occur:

- Note from physician
- AND 24 hours fever free without medication and symptoms improving

Employee/child was symptomatic but not tested :

- Fever free for 24 hrs without medication
- AND Any respiratory symptoms have improved
- AND It has been 10 days since the symptom first appeared

Employee/child had close contact with a positive person (within 6 feet for more than 15 minutes REGARDLESS of facial covering) but not symptomatic

- 14 days from exposure

Employee had close contact with a positive person (within 6 feet for more than 15 minutes) and has become symptomatic within 14 days of exposure but not tested

- Presumably in quarantine until symptoms appear
- Fever free for 24 hrs without medication
- AND Any respiratory symptoms have improved
- AND It has been 10 days since the symptom first appeared