

2017 Annual Fundraiser Dreamland Barbeque



Each year, HELC Parents host an annual fundraiser. The profits are used primarily to provide holiday gifts for many HELC employees who serve the children daily but are not one of the 2 primary classroom teachers. This is the second year that the Parent Rep Group will be partnering with Dreamland Barbeque for the fundraiser. **The fundraiser will take place October 9-20th.**

Information and Order Forms will be emailed to you and a hard copy will be placed in your child's folder on Monday. Once the form is complete, you can return it, with payment, to the front desk. This year, there will be two delivery dates to HELC: **October 27th and December 8th.**

We welcome ALL orders, as it is not limited to HELC Families!!! If you have any questions regarding this fundraiser, please contact Tiffany DeGruy at tdegruy@bradley.com



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HELC Office Hours

7 A.M.—6 P.M.

October Parent Events

Opportunities for parents to obtain knowledge about general child development or particular subjects related to young children and their families are plentiful at HELC every month. The first opportunity is the Parent Fair which will be held in the Chicka Room on October 4th from 4:30-6PM. Child Development Students from UAB will provide research-based information on various topics pertaining to young children and/or parenting. Please make plans to stop by when you pick up your child on Wednesday!

The second opportunity will take place on **Friday, October 20th at 12:30 PM** in the Chicka Room. Dr. Tommy Smith from the Auburn University Marriage and Family Therapy Center, will discuss, "Birth Order-Does It Matter?". Please make plans to attend this fun and engaging Parent Seminar!

Don't forget to bring your lunch and a friend!



October is Fire Safety Month

October is Fire Prevention or Fire Safety month and many classrooms will focus on fire hazards and one important community helper, the **fire fighter**. HELC also encourages you to participate in this learning experience.

Children are curious, and parents need to set up safe environments and teach children to be safe.

To promote Fire Safety/Prevention, we have listed several safety tips for parents:

1. Working smoke alarms reduce the chances of dying in a fire by nearly 50 percent. They are a critical first step for staying safe, but in order to be effective, they have to be working properly. For the best protection, install smoke alarms on every level of your home and in every sleeping area.
2. Teach kids never to play with matches and lighters. Make a habit of placing these items up and away from young children.
3. Create and practice a home fire escape plan with two ways out of your house in case of a fire. Get a stopwatch and time how fast your family can escape. The kids will love it.
4. Children should know how to respond to the sound of a smoke alarm. Teach them to get low and get out when they hear it. A child who is coached properly ahead of time will have a better chance to be safe.
5. Use common sense in the kitchen. Limit distractions when cooking and don't leave a hot oven or stovetop unattended.



For more information, please visit: <http://www.safekids.org/fire>



Reading Ideas for Fall



Fall is here! The cool, but comfortable air and the rich colors on the trees offer a great opportunity for you to read to your child OUTDOORS! There are many books that teach children about the changing weather, fall colors, fall activities, and what happens in nature this time of year. Below, you will find a list of wonderful Fall children's books.

- Awesome Autumn by Bruce Goldstone
- Bear Has a Story to Tell by Phillip C. Snead
- I Love Fall: A Touch and Feel Board Book and Duck & Goose Find a Pumpkin by Tad Hills
- Fall Mixed Up and Who Loves Fall? by Bob Raczka
- I Know It's Autumn by Eileen Spinelli
- Counting on Fall (Math in Nature) by Lizann Flatt
- Autumn: An Alphabet Acrostic by Steven Schnur
- Apple Cider Making Days by Ann Purmell
- Fall Is Not Easy by Marty Kelley
- By the Light of the Harvest Moon by Harriet Ziefert
- Owl Babies by Martin Waddell
- Red Leaf, Yellow Leaf and Leaf Man by Lois Ehler
- We're Going on a Leaf Hunt by Steven Metzger
- Mouse's First Fall by Lauren Thompson
- It's Fall by Linda Glaser
- Leaf Jumpers by Caroline Gerber
- Apples and Pumpkins by Anne Rockwell
- Leaves by David Ezra Stein
- The Busy Little Squirrel by Nancy Tafuri
- Let It Fall by Maryann Cocca-Leffler

2017 Upcoming Events/Closings

October 4—Parent Fair

October 18— Parent Representative Meeting

October 20 — Parent Seminar

November 11--Veteran's Day, Center CLOSED

November 21--Center closes @ 6 pm

November 22-24--Thanksgiving Break, Center CLOSED

