HELC NEWS

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2016-2017 Annual Fundraiser Dreamland Barbeque

Dreamband BAR-B-QUE RIBS

What better way to kick off the holiday festivities than with Barbeque!!! This year the HELC Parents are partnering with Dreamland BBQ for our annual fundraiser, **October 17th-26th**.

Each year, HELC Parents host an annual fundraiser. The profits are used primarily to provide holiday

gifts for many HELC employees who serve the children daily but are not one of the 2 primary classroom teachers.

Information and Order Forms will be placed in your child's folder on Monday. Once the form is complete, you can return it, with payment, to the front desk. The orders will be delivered to HELC on Friday, **October 28th**, for your convenience.

We welcome ALL orders, as it is not limited to HELC Families!!! If you have any questions regarding this fundraiser, please contact Toni Kidd at tgreen8311@gmail.com.



OCTOBER 2016

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HELC Office Hours
7 A.M.—6 P.M.

October Parent Seminar

Opportunities for parents to obtain knowledge about general child development or particular subjects related to young children and their families are plentiful at HELC every month. The first opportunity was in September where Child's Play Therapy discussed "The Importance of Sleep and Self-Regulation". We had an excellent turnout and hope to see just as many parents and teachers for the October Seminar!

Child's Play Therapy will return to HELC this month to

share "The Importance of Fine and Gross Motor Skills".

They will discuss how these skills develop as well as what you can do to promote your child's growth in this area.

This seminar will take place in the Chicka Room at 12:30 PM on Friday, October 21st. Don't

forget to bring your lunch and a friend!





"Loose Parts"



Inspiring Play with Infants, Toddlers, and Young Children



Recently, our Resource Teacher, Mrs. Jonita Steele, sent home a letter encouraging parents to find items listed on the leaves in the Chicka Room to add to HELC learning experiences. This idea comes from the book, "Loose Parts– Inspiring Play with Infants, Toddlers, and Young Children" (<u>Lisa Daly, Miriam Beloglovsky</u>). This book discusses ways to incorporate household items such as old pot/pans, fabric, hair rollers or things you may now consider trash such as tires, plastic bottles, and floor samples, into activities in the classroom or on the playground. We hope you will consider contributing to this fun event! Below is a list of some the items that are still needed.



Raking In Loose Parts Parent Wish List

Aluminum Pans	Hair Rollers	Paint Rollers	Sifter
Blankets (any size)	Lamp Shades	Paint Tray	Silicone Bowls
Cloth Tablecloths	Mesh Bath Puff (new only)	Paper Towel Holder	Silicone Cooking Spoons
Coasters	Metal Washers	Picture Frames	Wood Spool
Cookie Tins	Napkin Rings	Potato Mashers	
Cooking Spoons	Nuts and Bolts	Salad Spinner	
Funnels (plastic)	Oatmeal Containers	Scale	Secretary Secret



October is Fire Safety Month

October is Fire Prevention or Fire Safety month and many classrooms will focus on fire hazards and one important community helper, the **fire fighter.** HELC also encourages you to participate in this learning experience.

Children are curious, and parents need to set up safe environments and teach children to be safe.

To promote Fire Safety/Prevention, we have listed several safety tips for parents:

- 1. Working smoke alarms reduce the chances of dying in a fire by nearly 50 percent. They are a critical first step for staying safe, but in order to be effective, they have to be working properly. For the best protection, install smoke alarms on every level of your home and in every sleeping area.
- 2. Teach kids never to play with matches and lighters. Make a habit of placing these items up and away from young children.
- 3. Create and practice a home fire escape plan with two ways out of your house in case of a fire. Get a stopwatch and time how fast your family can escape. The kids will love it.
- 4. Children should know how to respond to the sound of a smoke alarm. Teach them to get low and get out when they hear it. A child who is coached properly ahead of time will have a better chance to be safe.
- 5. Use common sense in the kitchen. Limit distractions when cooking and don't leave a hot oven or stovetop unattended.

For more information, please visit: http://www.safekids.org/fire



2016-2017 Upcoming Events/Closings

October 19— Parent Representative Meeting
October 21 — Parent Seminar
November 11--Veteran's Day, Center CLOSED
November 22--Center closes @ 6 pm

November 23-25--Thanksgiving Break, Center CLOSED

